**Residential Center- January 2024** 

Trestactitial Settles Garidally 2024									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
MEETING PLACES	1	2	3	4	5	6			
RCAR - RC Activity Room EL - Exercise Lounge C - Chapel PDR - Private Dining Room RC - Residential Center FE- Front Entrance DRL - Dining Room Lounge SL- Seasons Lounge	11:30am New's Day Lunch		9:00am Kroger, FE 9:00am Mender Drop Off, FE 11:00am Range of Motion Exercise, EL 1:00pm Mahjong, SL 1:00pm Hand & Foot, SL 2:00pm Reminiscing, DRL	11:00am Balance & Strength Class, EL 1:00pm Bridge, SL 3:30pm Functional Fitness, EL 3:30pm First United Methodist Chapel Service, C 6:30pm Piano Recital, C	11:00am Range of Motion Exercise, EL 1:00pm Hand & Foot, SL 1:30pm Bingo, RCAR 3:30pm Catholic Communion Service, C 3:30pm Happy Hour, PDR	Saturday Stumper What 2 Presidents died on this day, 1 in 1919 & 1 in 1933? 10:00am Coffee &Conversation, PDR			
7	8	9	10	11	12	13			
2:00pm Bingo, <i>AR</i>	3:30pm Functional Fitness, <i>EL</i> 6:00pm Mexican Train, <i>SL</i> 6:30pm Elvis's Birthday: Blue	10:00am Balance & Strength Class, EL 10:15am Bookmobile, FE 1:00pm Teaching Kitchen, HC 1:00pm Bridge, SL 1:30pm Target 3:30pm Community Update, C	Lunch <i>, PDR</i> 1:00pm Mahjong, <i>SL</i>	9:30am Aldi's 11:00am Balance & Strength Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 3:30pm Functional Fitness, <i>EL</i>	11:00am Range of Motion Exercise, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i>	Saturday Stumper In 1968 this singer performed live for the 2 <sup>nd</sup> time at Folsom Prison in the cafeteria.  10:00am Coffee &Conversation, PDR			
14	15	16	17	18	19	20			
<u> </u>	2:00pm Chat with Karen, <i>DRL</i> 3:30pm Functional Fitness, <i>EL</i>	10:00am Balance & Strength Class, <i>EL</i> 11:00am Lunch Outing- Taku Steakhouse 1:00pm Bridge, <i>SL</i> 6:00pm Euchre, AR	9:00am Kroger, FE 11:00am Range of Motion Exercise, EL 1:00pm Mahjong, SL 1:00pm Hand & Foot, SL 2:30pm Family Feud, DRL	<b>11:00am</b> Balance & Strength Class, <i>EL</i> <b>1:00pm</b> Bridge, <i>SL</i>	11:00am Range of Motion Exercise, EL 1:00pm Hand & Foot, SL 1:30pm Bingo, RCAR 3:30pm Catholic Communion Service, C 3:30pm Happy Hour, PDR	Saturday Stumper  What year on this date did prohibition take effect?  10:00am Coffee &Conversation, PDR			
21	22	23	24	25	26	27			
, , , , , , , , , , , , , , , , , , ,	10:00am Grief Share, <i>PDR</i> 1:00pm Bridge, <i>CL</i> 2:00pm Book Club, <i>AR</i> 6:00pm Mexican Train, <i>SL</i>	AR	Exercise <i>, EL</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i>	11:00am Balance & Strength Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 3:30pm Functional Fitness, <i>EL</i>	11:00am Range of Motion Exercise, EL 1:00pm Hand & Foot, SL 1:30pm Bingo, RCAR 3:30pm Catholic Communion Service, C 3:30pm Happy Hour, PDR	Saturday Stumper On this date in 1973 this war formally ended.  10:00am Coffee &Conversation, PDR			
28	29	30	31						
	10:00am Grief Share, <i>PDR</i> 1:00pm Bridge, <i>CL</i> 2:00pm Bingo Challenge, <i>AR</i> 3:30pm Functional Fitness, <i>EL</i>	Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 1:00pm Ice Cream Social, <i>DRL</i> 2:00pm Jigsaw Puzzle Race,	9:00am Walmart, FE 11:00am Range of Motion Exercise, EL 1:00pm Mahjong, SL 1:00pm Hand & Foot, SL 2:00pm Hot Chocolate Bar		JANUARY				